



Complete the sentences below using the key words

Our hands are naturally covered with _____ that live on our bodies and pick up millions more from our environment everyday.

Microbes can _____ easily from child to child when we touch each other.

Although some microbes can be useful, others can be harmful and cause _____.

_____ is the most effective way of reducing and preventing the spread of infection.

Washing our hands with _____ and water at key moments removes any harmful microbes we pick up on our hands from our surroundings.

We should wash our hands for _____, which is the length of the happy birthday song twice.

Washing hands in water alone will only remove _____ and grime.

If soap is unavailable, we should use _____ as long as there is no visible dirt/other substance on hands.

Key words:

Hand sanitiser, Microbes, Dirt, Infection, Soap, Hand washing, Spread, 20 seconds

