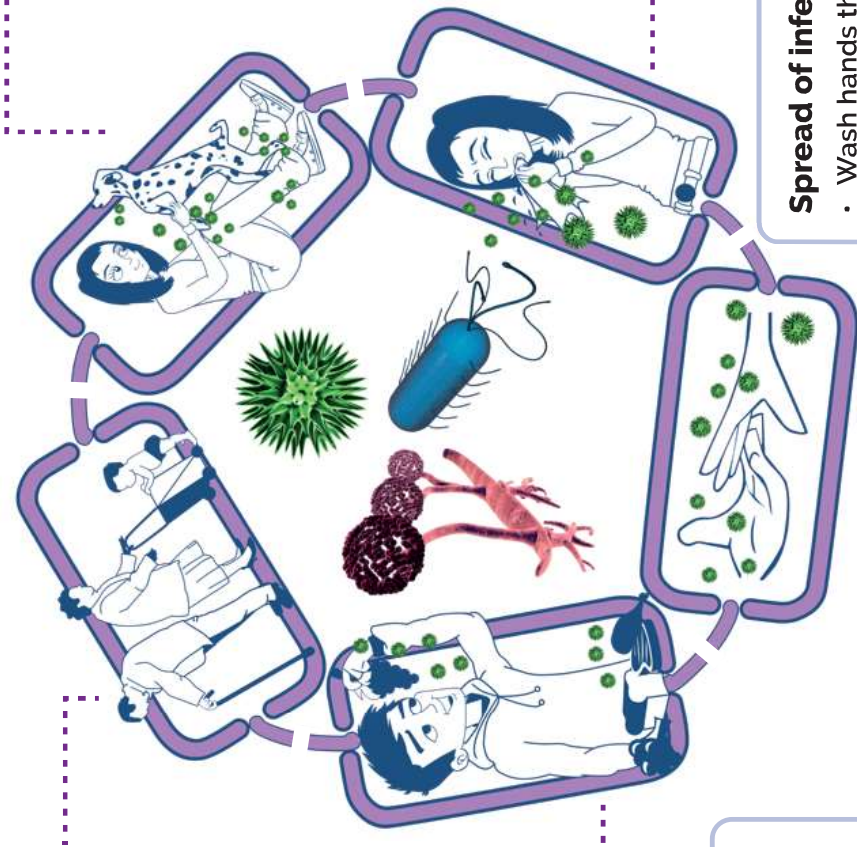




# Breaking the Chain of Infection



## Source of infection

- Isolate infected people
- Take care with raw food
- Wash pets regularly
- Treat pets for pathogens when needed
- Dispose of nappies and soiled clothing appropriately

## Way out for microbes

- Prevent any
- Coughs and sneezes
  - Faeces
  - Vomit
  - Bodily fluid
- Getting onto surfaces or hands

## Spread of infection

- Wash hands thoroughly and regularly
- Cover cuts and open sores
- Take appropriate precautions during sexual activity

## People at risk from infection

- Everyone
- Take appropriate vaccinations
- High risk people
- Keep away from people who are infectious
  - Take extra care about cleanliness
  - Take extra care when cooking and preparing food

## Way in for microbes

- Cover cuts and open sores with a water proof dressing
- Cook food properly
- Take care to drink only clean water

