
## TS2 - Sexual Health Caller Cards

STI
\_ \_ \_ \_ \_
STI stands for Sexually Transmitted Infection

Protection
\_ \_ \_ \_ \_
The best form of protection from STIs is condoms

Oral
\_ \_ \_ \_ \_
Condoms can help you stay safe during oral sex

Painless
\_ \_ \_ \_ \_
Getting a sexual health test is painless

Check-up
\_ \_ \_ \_ \_
Getting tested for STIs should be part of your normal health check-up

Sex
\_ \_ \_ \_ \_
If you’re having sex you can keep it safe by always using a condom

Condoms
\_ \_ \_ \_ \_
Condoms are the only form of protection that prevent pregnancy and STIs

Tested
\_ \_ \_ \_ \_
If you’re having sex, stay safe by testing for STIs regularly


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Common
\_ \_ \_ \_ \_
It’s pretty common for someone to have an STI and not know about it

Symptoms
\_ \_ \_ \_ \_
Most of the time, people who get STIs don’t have symptoms

Free
\_ \_ \_ \_ \_
Most of the time, sexual health tests are free

Urine
\_ \_ \_ \_ \_
The most common STI test for young people is a urine sample

Confidential
\_ \_ \_ \_ \_
STI tests are completely confidential

Quick
\_ \_ \_ \_ \_
Getting a sexual health test is quick

Treated
\_ \_ \_ \_ \_
Most STIs can be treated with no dramas whatsoever

Better
\_ \_ \_ \_ \_
If you have an STI, the earlier you start treatment, the better


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Breaks
\_ \_ \_ \_ \_
If a condom breaks during sex, it will no longer protect you from STIs.

Untreated
\_ \_ \_ \_ \_
Infections that are left untreated can lead to long term negative consequences. The sooner you start treatment, the better.

Anyone
\_ \_ \_ \_ \_
Anyone can get an STI, and they may not know they have one! This is why testing is so important.

Plan
\_ \_ \_ \_ \_
Plan with your sexual partner how you will protect yourself from STIs. This may be by using a condom and agreeing to both get tested.

Contact
\_ \_ \_ \_ \_
Sexual contact can result in catching an STI. Testing and using a condom will reduce this risk.

Lubricant
\_ \_ \_ \_ \_
Lubricant can be used to improve the experience of sex. However, make sure you use a water based lubricant to avoid weakening a condom.

Easy
\_ \_ \_ \_ \_
This word is sometimes used negatively to explain why some people might get an STI. But this is absolutely not true. Anyone can get an STI.

The Pill
\_ \_ \_ \_ \_
the pill is a form of contraception that can prevent pregnancy. However, it does not protect against STIs.