

SH1 - (a-d) Memory Game Handouts

I'm getting
vaccinated

I have a
vaccination
record

I get vaccinated
according to
guidance

I have a balanced
diet with plenty of
fruit and vegetables

My immune system
fights off most
common infections

I wash my hands
often during the day
with soap and water

I brush my teeth

When I take a walk
in the forest, I
check my skin and
my hair for ticks

I have useful
microbes in my
digestive tract that
help keep me
healthy

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If I get sick, I only
take antibiotics if
my doctor
prescribes them

I never take
antibiotics
from a previous
treatment

If my doctor
prescribes
antibiotics, I finish
the treatment
prescribed to me

I will return any
leftover antibiotics
to my pharmacy

I don't feed my
pet while I'm
cooking or
eating

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I have my pet
vaccinated
according to the
vaccine schedule of
its species

I wash my pet
with suitable
shampoos
when it is dirty

My pet has useful
microbes in their
digestive tract that
help keep them

My pet has a
vaccination
certificate

My pet has immune
defences that fight
most common
infections

When I take a walk
in the forest with
my pet, I check
their fur for ticks

I will vaccinate
my pet

My pet has a
balanced diet
adapted to its
species

I check the
dental condition
of my pet

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If my pet gets sick, I
only give them
antibiotics if the vet
prescribes them

I never give
antibiotics from a
previous treatment
to my pet

If the vet prescribes
antibiotics to my pet, I
give them all the
prescribed course of
treatment

I will return any
leftover
antibiotics to my
vet

I let my pet eat
its food in their
own bowl

I deworm my
pet regularly