SW3 - Respiratory Hygiene Fill in the Blanks Worksheet

Complete the sentences below using the key words

can spread from person to person through the air, through person-to-person contact (touching hands, hugging, kissing) or by touching contaminated surfaces.

Colds and flus are the most common type of infection in the classroom and among the most

Common ______ of a respiratory infection can include

_____, sore throat, _____, and sometimes a runny or blocked nose.

We can prevent microbes being transmitted from person to person by covering our ______ and _____ with a tissue and throwing away the tissue immediately.

We should always wash our hands with soap and water, or

if soap and water are not available, immediately after throwing away the tissue.

Although there are many ______ microbes that can make us ill, we can prevent some infections by getting

Key words:

headaches, hand sanitiser, fever, vaccinations, symptoms, microbes, sneezes, coughs, harmful, contagious