



The Chain of Infection

People at risk from infection

Everyone:

- Take appropriate vaccinations

High risk people:

- Keep away from people who are infectious
- Take extra care about cleanliness
- Take extra care when cooking and preparing

Way in for microbes

- Cover cuts and open sores with a water proof dressing
- Cook food properly
- Take care to drink only clean water

Source of infection

- Isolate infected people
- Take care with raw food
- Wash pets regularly
- Treat pets for pathogens when needed
- Dispose of nappies and soiled clothing appropriately

Way out for microbes

Prevent any:

- Coughs and sneezes
 - Faeces
 - Vomit
 - Bodily fluid
- Getting onto surfaces or hands

Spread of infection

- Wash hands thoroughly and regularly
- Cover cuts and open sores
- Take appropriate precautions during sexual activity

