## SH1 - (a-d) Memory Game Handouts

I get vaccinated according to guidance

I wash my hands often during the day with soap and water

I have useful microbes in my digestive tract that help keep me healthy

I have a vaccination record

My immune system fights off most common infections

When I take a walk in the forest, I check my skin and my hair for ticks

I’m getting vaccinated

I have a balanced diet with plenty of fruit and vegetables

I brush my teeth

## SH1 - (a-d) Memory Game Handouts

If my doctor prescribes antibiotics, I finish the treatment prescribed to me

I never take

antibiotics

from a previous

treatment

I don't feed my pet while I'm cooking or eating

If I get sick, I only take antibiotics if my doctor prescribes them

I will return any leftover antibiotics to my pharmacy

## SH1 - (a-d) Memory Game Handouts

I have my pet vaccinated according to the vaccine schedule of its species

I wash my pet

with suitable

shampoos

when it is dirty

My pet has useful

microbes in their

digestive tract that

help keep them

healthy

My pet has a

vaccination

certificate

My pet has immune

defences that fight

most common

infections

When I take a walk

in the forest with

my pet, I check their fur for ticks

I will vaccinate

my pet

My pet has a

balanced diet

adapted to its

species

I check the

dental condition

of my pet

## SH1 - (a-d) Memory Game Handouts

If the vet prescribes antibiotics to my pet, I give them all the prescribed course of

treatment

I deworm my

pet regularly

I never give

antibiotics from a

previous treatment to my pet

I let my pet eat

its food in their

own bowl

If my pet gets sick, I only give them antibiotics if the vet prescribes them

I will return any leftover antibiotics to my vet