## SH1 - Antimicrobial Resistance Flash Card Game

Resistant Bacteria:

Bacteria that can no longer be killed by some or all antibiotics. This is called antibiotic resistance.

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## SH2 - Antimicrobial Resistance Flash Card Game

Bacteria:

Bacteria haven’t

Developed resistance, therefore they can still be killed by antibiotics

Bacteria:

Bacteria haven’t

Developed resistance, therefore they can still be killed by antibiotics

Bacteria:

Bacteria haven’t

Developed resistance, therefore they can still be killed by antibiotics

Bacteria:

Bacteria haven’t

Developed resistance, therefore they can still be killed by antibiotics

Bacteria:

Bacteria haven’t

Developed resistance, therefore they can still be killed by antibiotics

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Developed resistance, therefore they can still be killed by antibiotics

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Developed resistance, therefore they can still be killed by antibiotics

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Bacteria haven’t

Developed resistance, therefore they can still be killed by antibiotics

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Bacteria haven’t

Developed resistance, therefore they can still be killed by antibiotics

Bacteria:

Bacteria haven’t

Developed resistance, therefore they can still be killed by antibiotics

## SH3 and 4- Antimicrobial Resistance Flash Card Game

1. **Action card**

You’re not feeling well, so a friend offers you some of their left over antibiotics which you take

Pick up 1 resistant bacteria

Pass on 2 bacteria

Information: You must not use anyone’s leftover antibiotics as this can increase antibiotic resistance

1. **Action card**

You’ve come down with a sore throat so you try and get antibiotics from your doctor

Pick up 1 resistant bacteria

Put 2 bacteria back in the pile

Information: Most common infections will get better by themselves through time, bed rest, fluids and healthy living

1. **Action card**

You have strep throat and have been coughing a lot. Every time you cough you use a tissue to catch it and then you throw it in the bin to stop other people catching your infection

Pass on 2 bacteria

Information: One of the best ways to stop infections spreading to others is by catching your cough and sneeze in a tissue

1. **Action card**

You’ve got a headache so you take some antibiotics that you find at home and try to relieve the pain.

Pick up 1 resistant bacteria

Put 2 bacteria back in the pile

Information: Antibiotics only treat bacterial infections, they will not help your headache get better

1. **Action card**

You’ve got pneumonia and you’ve been given antibiotics by your doctor but you stop taking them when you start feeling better

Pick up 1 resistant bacteria

Put 2 bacteria back in the pile

Information: Take the course of antibiotics exactly as told to by your doctor

1. **Action card**

Your friend thinks she has an STI so you give her antibiotics you had for strep throat.

Pick up 1 resistant bacteria

Put 2 bacteria back in the pile

Information: antibiotics should only be taken:

- for the illness for which it was prescribed

- by the patient it was prescribed to

- when it was prescribed, not at a later date

1. **Action card**

You’ve got pneumonia and you’ve been given antibiotics by your doctor but you stop taking them when you start feeling better

Pick up 1 resistant bacteria

Put 2 bacteria back in the pile

Information: Take the course of antibiotics exactly as told to by your doctor

1. **Action card**

You visit a friend in hospital but you forget to wash your hands when you leave

Pick up 1 resistant bacteria

Put 2 bacteria back in the pile

Information: Always remember to wash your hands to prevent the spread of infection, especially in hospitals where microbes may be harmful

1. **Action card**

You’re cooking lunch for yourself and handle raw chicken. You wash your hands thoroughly afterwards

Put 1 resistant bacteria back in the pile

Put 2 bacteria back in the pile

Information: One of the best ways to stop infections spreading to others is by catching your cough and sneeze in a tissue

## SH3 and 4- Antimicrobial Resistance Flash Card Game

1. **Action card**

Your friend offers you some of their leftover antibiotics for your cough. You say no and suggest they take them to a pharmacy for safe disposal

Pick up 1 resistant bacteria

Information: You must not use anyone's antibiotics as this can increase antibiotic resistance in your gut

1. **Action card**

You go on holiday abroad and buy antibiotics at a chemist to use the next time you’re ill

Pick up 1 resistant bacteria

Put 2 bacteria back in the pile

Information: It is important to only take antibiotics prescribed for you by a healthcare professional, some may cause harm

1. **Action card**

Your mother has a bad chest infection and is on antibiotics. You develop a cough and use some of her antibiotics

Pick up 1 resistant bacteria

Put 2 bacteria back in the pile

Information: you must not use anyone's antibiotics as this can increase antibiotic resistance

1. **Action card**

Your mother has a bad chest infection and is on antibiotics. You develop a cough and use some of her antibiotics

Pick up 1 resistant bacteria

Put 2 bacteria back in the pile

Information: you must not use anyone's antibiotics as this can increase antibiotic resistance

1. **Action card**

You have bad spots but the cream you are using isn’t working. You ask your doctor for antibiotics

Pick up 1 resistant bacteria

Put 2 bacteria back in the pile

Information: Antibiotics aren’t the only way to treat acne, speak to your doctor about all of your options

1. **Action card**

You have a really bad cold and ruby nose. You go to bed and take paracetamol to help the fever.

Pick up 1 bacterium

Information: The only way to treat a cold and runny nose is to get plenty of fluids and use paracetamol to manage symptoms.

1. **Action card**

You have diarrhoea and vomiting, you stay at home to stop it spreading and you wash your hands regularly

Pick up 1 bacterium

Information: When you are ill you should always remember to wash your hands to prevent the spread of the infection. Staying at home and resting will help you recover.

1. **Action card**

You notice that there are leftover antibiotics in your medicine cabinet from when you had an infected wound. You take them back to the pharmacy for disposal.

Put 1 resistant bacteria back in the pile

Information: It is important to return any leftover medicine to the pharmacy for disposal to prevent harming the environment

1. **Action card**

You’re at a friends house and your friend is making lunch. You remind them to wash their hands when they finish scrubbing the potatoes.

Put 1 resistant bacteria back in the pile

Information: you should always remember to wash your hands to prevent the spread of bacteria, especially before and after making food